

# PLAYGROUND GAMES



By: Parkfield Primary  
School, London

PLAYGROUND



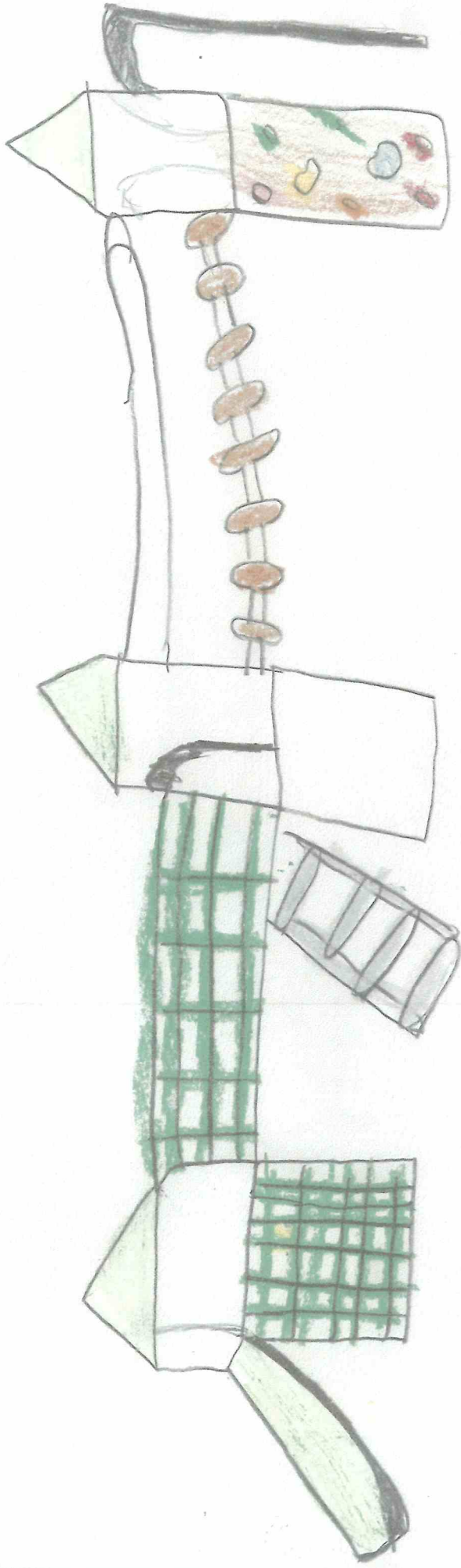
GAAMES

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We have written some of  
our favorite playground games for  
you in this book. We hope you  
enjoy them in your school.





We are really lucky as we have two massive playgrounds. One at the front of the school and one at the back. In our back playground we have huge playing fields and an adventure trail. It is fun to play on them!

# Duck, Duck, Goose!

This is a fun game which we have played since we were in Reception, aged 4 and 5.

As we know this game so well we now play it with some of the younger children in the playground.



# Instruction for how to play Duck, Duck, Goose

1. sit everyone in a circle.
2. choose a duck.
3. The duck must walk around the circle tapping each child saying duck.
4. when the person tapping heads says 'goose' the person must get up and they chase each other around the circle.
5. The winner is the person who runs back round the ~~person~~ circle to the space first.



# How to Play Duck Duck Goose

## Introduction

Do you have quick reflexes?  
Or do you like playing with your friends?  
If it's a yes to either of those 2 questions  
then this is the game for you!

## Equipment:

- You will need at least 3 friends to play with you
- You need enough space to run around and be in a circle.

## Steps:

1. First get into a circle.
2. Next choose someone to be it.
3. The person who is it taps people on the head and says, duck duck duck.
4. The person who is it chooses someone to be goose and chase them around the circle until they sit down.
5. The person who was goose is now duck.



# CLAPPING GAMES

We Have Learned Lots of  
CLAPPING CHYMES and PATTENS.  
at first we PLAYED this game  
With a partner, but as we  
have got better at PLAYING  
the CLAPPING game we  
have started to Do this Standing  
in a circle and CLAPPING With  
the person on either side of us.  
You could even have a go at making up your own!



# Skipping Rhymes

(Bill Allan, NLESD)

**Miss Susie had a baby**  
His name was Tiny Tim  
She put him in the bathtub  
To see if he could swim.

He drank up all the water.  
He ate up all the soap.  
He tried to eat the bathtub  
But it wouldn't go down his throat.

In came the doctor.  
In came the nurse.  
In came the lady  
With the alligator purse.

Out ran the doctor.  
Out ran the nurse.  
Out ran the lady  
With the alligator purse.

And now Tiny Tim  
Is home sick in bed,  
With soap in his throat  
And bubbles in his head.

**Cinderella dressed in yella,**  
Went upstairs to see her fella,  
Made a mistake and kissed a snake,  
How many doctors did it take?  
1, 2, 3, 4, 5...  
(Count jumps out loud until jumper stops jumping)

**Hot Potato**  
One potato, two potato, three potato,  
Four,  
Five potato, six potato, seven potato,  
**MORE,**  
(eight, nine, ten, and so on until the jumper reaches preset goal, such as twenty-five, or misses before the goal is met)



**Apples, peaches, pears and plums,**  
Please jump out when your birthday comes,  
January, February, March, April, May,  
June, July, August, September, October,  
November, December? (Everyone starts inside the rope and each student jumps out when their birthday month is called. Reverse it by saying chant again and each student jumps in when birthday month is called.)

**Strawberry shortcake, blueberry pie,**  
Who's gonna be my lucky guy?  
A-B-C-D...  
(Repeat the letters of the alphabet until the skipper gets caught in the rope. If she gets caught on T, then, your "lucky guy's" name will start with T)

**Engine, engine Number 9,**  
Going down the Chicago Line,  
See it sparkle, see it shine,  
Engine, engine Number 9.  
If the train should jump the tracks,  
Will I get my money back?  
Yes, no, maybe so...  
(Repeat rhyme)

**I'm a little Dutch Girl**  
Dressed in blue,  
And these are thing  
I like to do:  
Salute to the captain,  
Bow to the queen,  
And turn my back to the submarine.  
(skippers can jump out at this point, but really good jumpers would continue with this:  
"I can do a tap dance  
I can do a split just like this!")

**Teddy Bear, Teddy Bear, turn around**  
Teddy Bear, Teddy Bear, touch the ground,  
Teddy Bear, Teddy Bear, show your shoe  
Teddy Bear, Teddy Bear, that will do.  
Teddy Bear, Teddy Bear, go upstairs  
Teddy Bear, Teddy Bear, say your prayers.  
Teddy Bear, Teddy Bear, turn out the light  
Teddy Bear, Teddy bear, say good night.

## **A SAILOR WENT TO SEA, SEA, SEA**

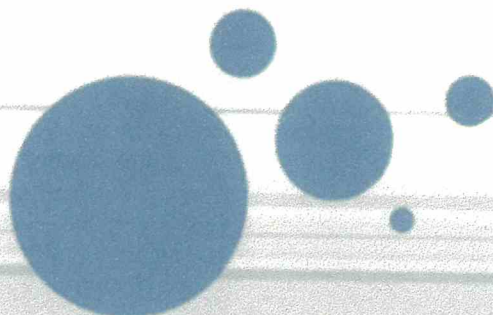
Here's one that's nice to do with a group.

A sailor went to sea, sea, sea  
To see what he could see, see, see  
But all that he could see, see, see  
Was the bottom of the deep blue sea, sea, sea

A sailor went to chop, chop, chop  
To see what he could chop, chop, chop  
But all that he could chop, chop, chop  
Was the bottom of the deep blue chop, chop, chop

A sailor went to knee, knee, knee  
To see what he could knee, knee, knee  
But all that he could knee, knee, knee  
Was the bottom of the deep blue knee, knee, knee

A sailor went to toe, toe, toe  
To see what he could toe, toe, toe  
But all that he could toe, toe, toe  
Was the bottom of the deep blue toe, toe, toe





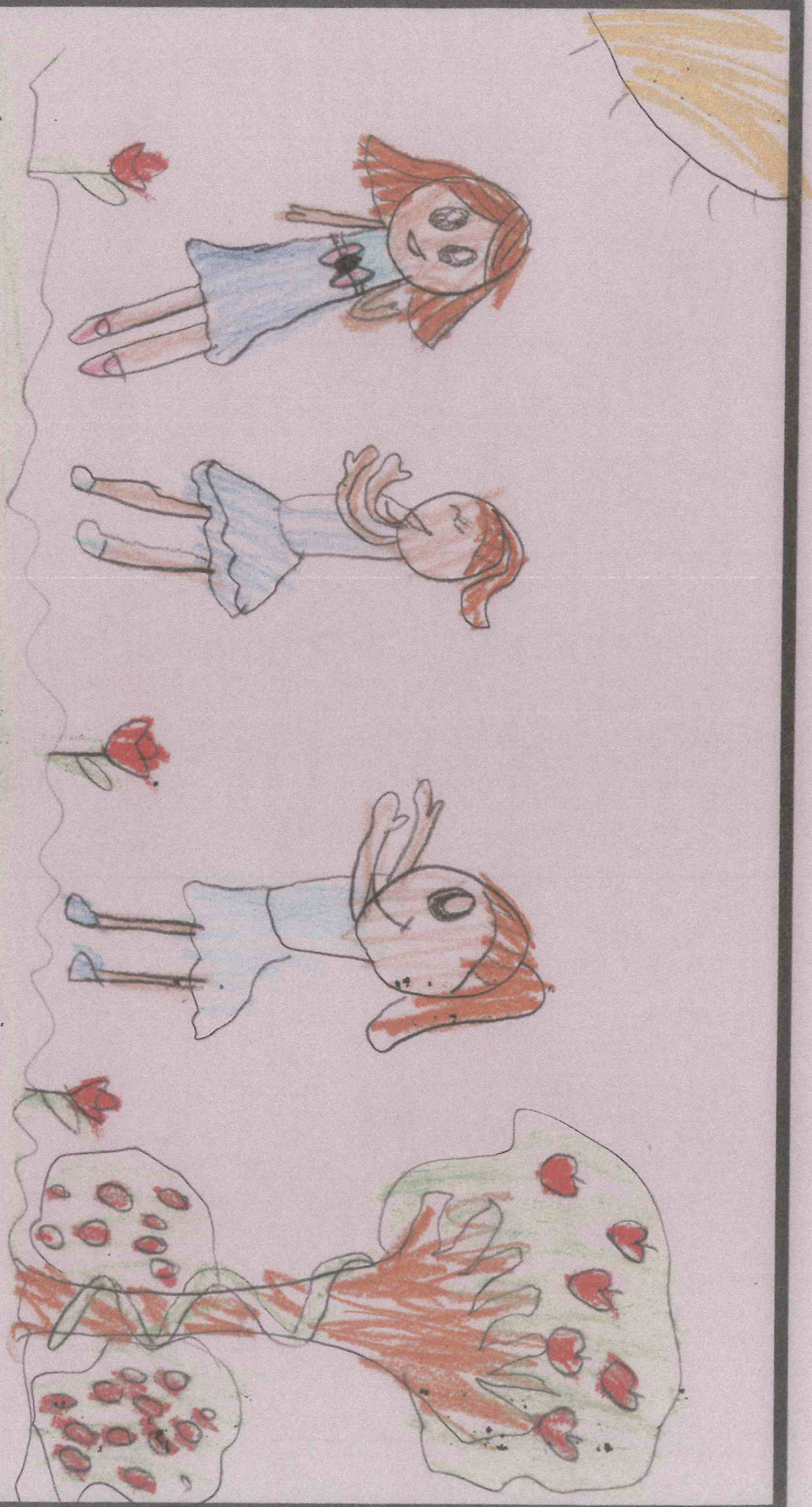
## MISS Mary Mack

MISS Mary Mack, Mack, Mack,  
all dressed in black, black, black,  
with silver buttons, buttons, buttons,  
all down her back, back, back.

She asked her mother, mother, mother,  
for fifty cents, cents, cents,  
to see the elephant, elephant, elephant,  
jump the fence, fence, fence.

He jumped so high, high, high,  
he reached the sky, sky, sky,  
and he never came back, back, back,  
till the fourth of July, ly, ly.

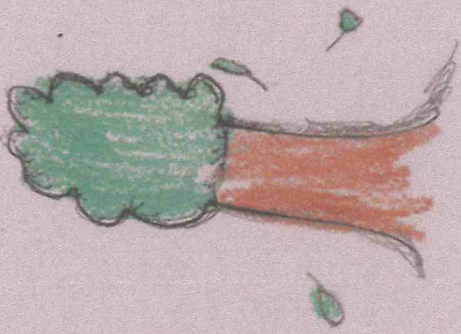
\*hand clapping game with partner- cross arms and touch shoulders,  
pat thighs, clap, right hand clap, clap, left hand clap, clap, both hands  
clap repeat



# 'It' / Tag / Stuck in the Mud

This is a fun chasing game which is known by lots of different names. We love playing this game as we can practise running as fast as we can!

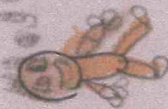




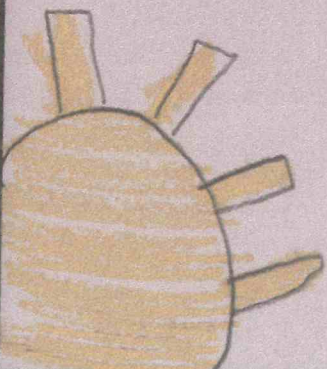
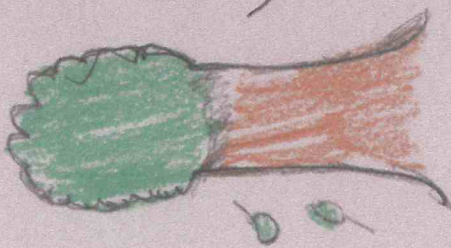
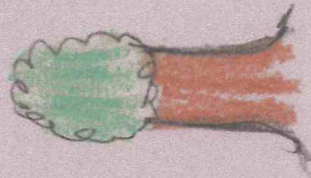
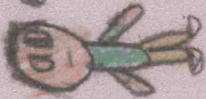
Not again



I'm hungry



Help



# It/Tag/stuck in the mud.

1. You can choose as many players as you would like.
2. Choose a person to be 'it'.  
They must chase everyone else, then they are also 'it'.
3. The game over once everyone has been tagged.  
You must run very fast!





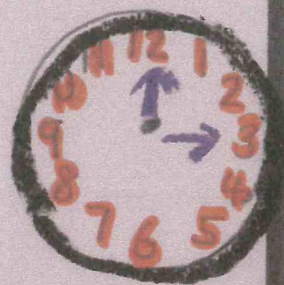


# What's the time Mr wolf?

This is a great game to play with your friends, especially if you have a large space to run around in! Just a tip for you, if you are the wolf you should try to be as mean and scary as you can manage! It makes the game more fun!



What's the time Mr wolf?

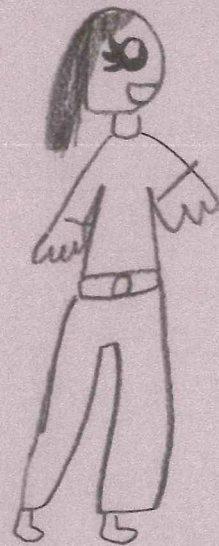
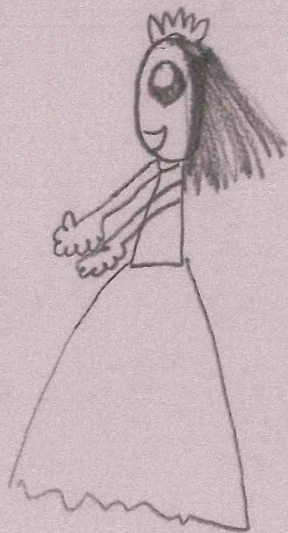


If you like playing chasing game's you will find out that you will play this game very often

1. choose one person to be the wolf.
2. once you have chosen your wolf they have to stand by the wall facing it
3. The other play have to stand a little distance away from the wolf
4. The players ask the wolf 'what's the time Mr wolf' and he will give you a number he wants between 1-20
5. you have to take the same amount of steps the wolf e.g. do until your close to the wolf
6. when your so close to the wolf the wolf will say 'Dinner time' and come to get you

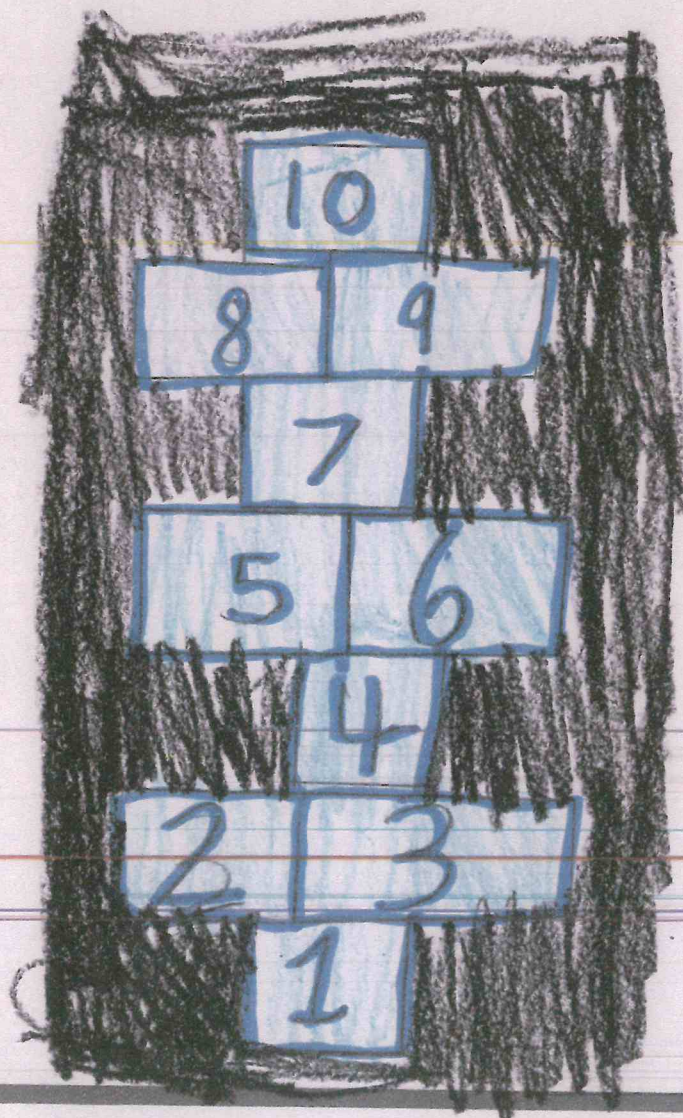
and the person the wolf gets is the person who will be the new wolf.

Dinner time



# Hopscotch

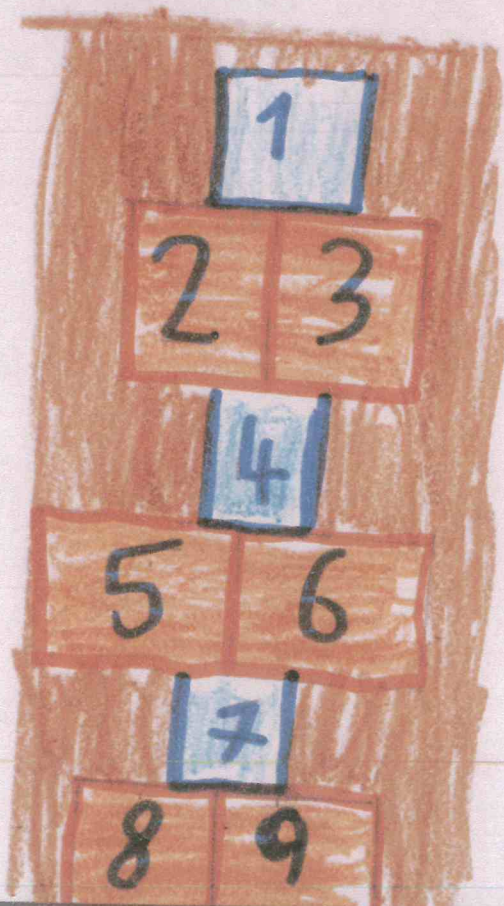
We are very lucky as we have a hopscotch painted on to our playground floor if you don't have one, you could draw it on the floor with chalk.



# How to play <sup>Hopscotch</sup> Cotch

You must hop on the number if it only has one square and jump on the numbers which are next to each other.

Once you have hopped and jumped from 1-10 you can go backwards.

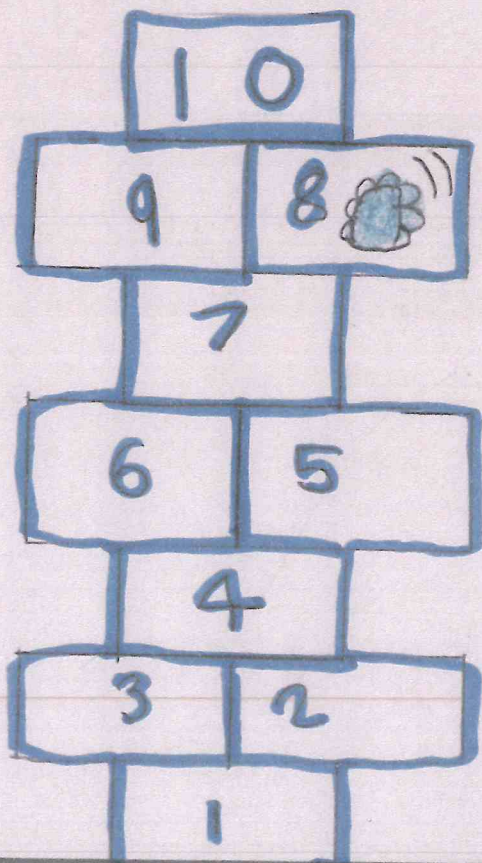


Do you love hopping and jumping?

This is the perfect game for you!

1. Throw a beanbag on to a number
2. Hop on to number 1 then jump on to number 2. etc. until you land on the number you threw the beanbag on to.

Have fun playing!



# How to Play Hop Scotch

Have fun at school or at home with this traditional game.

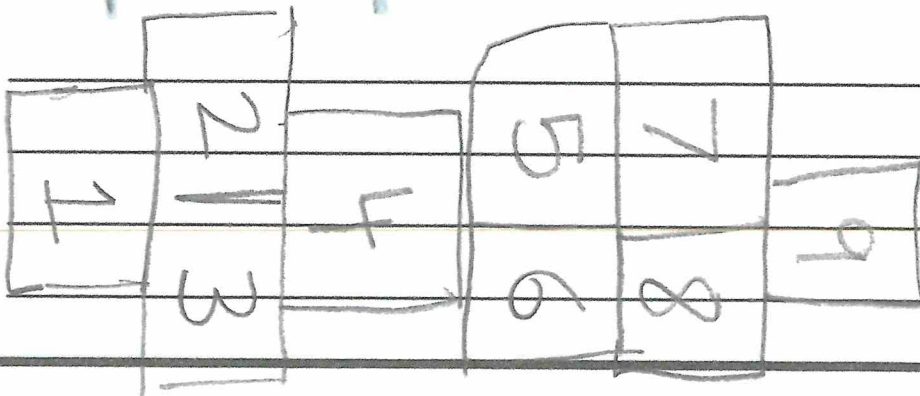
## Equipment

- Chalk or masking tape
- markers for each person playing pebbles bottle cap shell button etc

## Steps

1. draw a hopscotch pattern on the ground
2. The first player throws their marker into square one.
3. Hop over square one to square two and continue to the last square. Then turn around and come back again.
4. Stop in square two pick the marker and keep jumping.
5. Repeat this but throw the marker into different number squares.

## Hopscotch pattern





# Hide and Seek.

We love to play this game outside as we have a massive playground. We love finding new places to hide!



# Hide and seek

If you love playing tricks on people you should definitely play this game.

1. choose a person to count and a person to hide.
2. The person should count from 1-50 whilst the other person hides.
3. Once the counter has said so, they should begin looking for the person who was hiding.



# POP UP TIGGY!

This is a game we were taught by Miss PERTZEL. She comes from Australia. We love playing this game because we also have to think and be strategic to win!



# How to play

## POP UP TIGGY!

Do you have a lot of energy?

Do you like playing with your friends?

If you do then this game is for you!

### Equipment

- A big open space
- Lot of people to play
- Good running shoes

### Steps

1. For this game everyone is it
2. Have everyone spread up around the space
3. Shout 'GO' and everyone begins to run
4. Try to catch lot of people
5. When you get tired then you have to squat down - make sure you know who tagged you
6. When the person who tagged you gets tagged then you keep playing

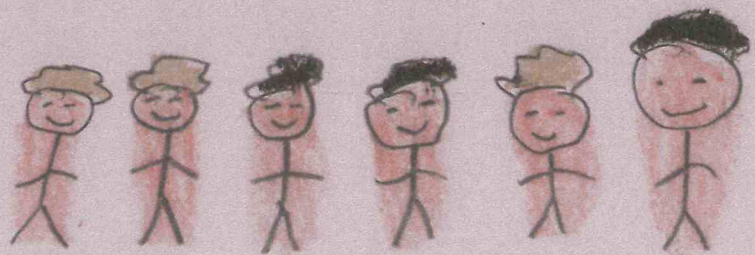
# Follow My leader

We love playing this game as we can decide what everyone must do in the line behind us. It is our chance to be like a teacher! Some times we also play this game if we are using the bicycles or scooters.



# Follow my leader

1. Choose one person to be the leader.
2. All children should make a line behind the leader.
3. Once everyone is ready in the line the leader can decide how to move (walk, run, jump, hop, skip).
4. Every one in the line must follow the leader.









# Follow my leader

You can play this game on your bike or scooter.

1. Choose a leader.
2. Everyone makes a line behind the leader on the bike or scooter.
3. The leader should lead the line around the playground on their bike or scooter.
4. You can change the leader whenever you want.

# How to Play Traffic Light game !

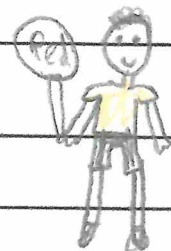
introduction !!!

Do you Love playing games with  
Friends. ?

if you Love to Play with friends then  
you will Love to Play this game called  
...

## TRAFIKLIT game !!!!!

There's a Choice of Three instructions, all relating to the colour  
of Traffic lights - either red green or amber. If red is called  
then everyone must stand very still and silent... When you  
cross the road, show your child real Traffic lights and  
tell them that they have to stop at red lights.



We really hope you have enjoyed  
reading our playground games book.  
Have fun playing all the games.  
Let us know which games are your  
favourite!  
From all of us at Parkfield primary  
school.

